MCH Exclusive August 2025



Project AWARE Funds Two Evidence-Based Mental Health Trainings Available to School Staff and Close Partners

DESE through Project AWARE is partnering with Mental Health First Aid Missouri — operated by the Missouri Department of Mental Health (DMH) and the Missouri Institute of Mental Health (MIMH) — to provide two evidence-based professional development trainings to schools across the state at no cost.

- Youth MHFA is a skills-based training that teaches adults how to identify, understand and respond to an adolescent (ages 12-18) who may be experiencing a mental health or substance use challenge.
- QPR is a suicide prevention training program designed to help people recognize the warning signs of a suicide crisis and know how to respond.

Please register AND share with your school partners to create an environment of support for your community. These training sessions are appropriate for any member of the LPHA, school staff, or other close partners (such as after school programs, bus drivers, parents/caregivers).

To register, visit http://mhfamissouri.org/dese-application/ and sign up for a course today.



Missouri Social Drivers of Health Dashboard

The Missouri Department of Health and Senior Services (DHSS) Social Drivers of Health Dashboard is designed to leverage data to address health disparities in Missouri. This dashboard can be a resource for local public health agencies, community organizations, policymakers, and Missouri citizens. The dashboard intends to make data easily accessible to stakeholders and citizens so that all Missourians can achieve optimal health

and safety in their communities for life.

Social Drivers of Health can be described as the social and economic conditions in which people are born, live, work, play, worship and age. All of these factors work together to determine a wide array of health outcomes or risks. The Social Drivers of Health allow for an all-encompassing view of the overall health of an individual within the community.

These drivers are centered around the fact that all people should have equal access and opportunity to achieve their best health, both mentally and physically. By displaying the data, individuals can be informed to make decisions that could impact their communities and address health disparities throughout the state.

Find the dashboard at https://health.mo.gov/living/families/minorityhealth/sdh-dashboard.php



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Darkness to Light Releases Summer of Safety Resource Guide

When adults are educated and empowered, children are safer. In fact, newly released national data show a 9% decline in child sexual abuse in 2023, and an incredible 67% decrease since 1993. That's the power of prevention!

Whether you're a parent, caregiver, educator, or coach, this <u>guide</u> provides practical tips, checklists, and conversation starters to help you take action.

Let's keep prevention moving forward, all summer long.



Reminders

- August 2025 (FFY25) Invoicing tool/DH-38 due September, 2025
- September 2025 (FFY25) Invoicing tool/DH-38 due Oct. 15, 2025
- September 30th FFY2025 Contract Year Ends

Upcoming Conferences that may be of interest:

- Missouri's Highway Safety and Traffic Conference 2025, Save the Date September 16-18, 2025, Holiday Inn Executive Center, Columbia, MO https://www.modot.org/node/68428
- 2025 MPHA (Missouri Public Health Association) Conference September 23-25, 2025, Columbia, MO https://www.mopha.org/viewevent.php?id=1287
- 2025 Missouri Behavioral Health Conference
 September 10-12, 2025, Branson, MO
 https://web.cvent.com/event/1dc16148-8937-4415-a755-7bcddab1bf8d/summary
- 2026 CityMatCH MCH Leadership Conference September 15th-17th, 2025, St. Louis, MO https://www.citymatch.org/conference/
- SAVE THE DATE—3rd Annual Missouri Maternal Health Action Network Summit

September 26, 2025, Maryland Heights, MO https://moactionnetwork.org/



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 MOCAN (Missouri Council for Activity & Nutrition) Summit, Save the Date

October 30, 2025, Columbia, MO https://extension.missouri.edu/programs/mocan

 2025 APHA (American Public Health Association) Annual Meeting, SAVE the DATE

November 2-5, 2025, Washington, D.C. https://www.apha.org/events-and-meetings/annual/about/past-and-future-annual-meetings

• AMCHP 2026 Annual Conference, Save the Date

March 7-10, 2026, Washington, DC Sign up for the newsletter here for conference updates: https://amchp.org/amchp-conference/#conference-subscribe

Society for Public Health Education (SOPHE) 2026 Annual Conference,
 Save the Date

April 22-24, 2026, Portland, OR https://www.sophe.org/conferences events/annual-conference/2026-annual-conference/



"Self-care means giving the world the Best of you instead of what is left of you."

-Katie Reed

